

## Wellness Center

Happy summer! Please note, the Wellness Center remains open all summer to provide support to our students. The mission of the Wellness Center is to assist students and families with navigation to community resources, to offer a safe space to explore needs/concerns and to improve the overall health and well-being of the students.

Please be on the lookout for invitations to summer activities. The Wellness Center plans to hold a few events over the summer to create opportunities for students to be social and learn more about wellness.

Additionally, if you or someone you know, is in need of immediate assistance, please call 911 or refer to the attached list of crisis intervention resources.

[Website](#)

[Email](#)

Phone: (530) 280-2009